**Sign-up, Supplies & Creating the Art Space at Home**

1. **Signing up for class**

**Go to** [**www.mindfulnesspainting.com/shop/**](http://www.mindfulnesspainting.com/shop/)

1. **Needed Supplies**
2. **Suggested Supplies:**
3. **Paper - Drawing Pad, 80 lb 18” x 24”**
4. **Paint – Crayola Premium Grade Tempera – A mixing chart has been included in your Starter Kit. Paint is water soluble.**
5. **Brushes – 3-4 synthetic brushes in a flat, round, and fine style**
6. **Household items – jars or cans for water, paint, holding supplies; plastic knife to mix colors; and plastic or paper plate to use as a palette; and paper towels or wipes to clean up.**
7. **Purchasing Supplies:**
8. **Michaels has many of the suggested supplies.**
9. **Online for a larger quantity of supplies go to: Dick Blick at** [**www.dickblick.com**](http://www.dickblick.com)**. \*(Out-of-town painters, I don’t have the packing materials to mail supplies at this time.)**
10. **Starter Painting Kit**
11. **You can purchase a Starter Painting Kit from Mindfulness Painting.**
12. **The supplies include 6 small cups of primary color paints. You can mix them to make different colors.**
13. **2-3 brushes**
14. **3-4 pieces of 18 x 24 80lb paper**
15. **The cost is $15 per kit**
16. **Setting up Art Space for the Class**
17. **Setting up Painting Space before class begins**
18. **Find a small area in your home. (Maybe in corner of your bathroom, bedroom, or family room. You may want to use the back of a door as your hard surface to tape the paper on. You can stand and paint or use a chair to sit.**
19. **You may want to put down a drop cloth or cardboard so that carpet or flooring does not get paint on it.**
20. **Set the paints together on a table close to where you will be painting.**
21. **Fill a small cup of water for each different color paint. You will want to clean the brush each time you use a different color.**
22. **Have available a plastic or paper plate for mixing colors and a utensil for scooping them.**
23. **There is a color chart that you can use as a guide to make different shades of color. Use a paper plate to mix the colors or can be done on your pallet.**
24. **What to wear**
25. **Comfortable old clothing.**
26. **Old clothing that can get messy.**
27. **Virtual Class is hosted on Zoom**
28. **If you have never used Zoom before this class, let me know and I will walk you through how to use the link on your computer. Please let me know at least the day before so we can set up a time to practice.**
29. **A Zoom link will be emailed to you ½ hour before the class begins.**